

# ASCA (American School Counselor Association) K - 12 Guidance Goals

## Priority Goals

### Academic Development Domain:

National Standard A: Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

National Standard B: Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

## Secondary Goals

<u>ACADEMIC DEVELOPMENT DOMAIN</u>
<b><u>Competency A1 Improve Academic Self-concept</u></b>
A:A1.1 articulate feelings of competence and confidence as learners
A:A1.2 display a positive interest in learning
A:A1.3 take pride in work and achievement
A:A1.4 accept mistakes as essential to the learning process
A:A1.5 identify attitudes and behaviors which lead to successful learning
<b><u>Competency A2 Acquire Skills for Improving Learning</u></b>
A:A2.1 apply time management and task management skills
A:A2.2 demonstrate how effort and persistence positively affect learning
A:A2.3 use communications skills to know when and how to ask for help when needed
A:A2.4 apply knowledge and learning styles to positively influence school performance
<b><u>Competency A3 Achieve School Success</u></b>
A:A3.1 take responsibility for their actions
A:A3.2 demonstrate the ability to work independently, as well as the ability to work cooperatively with other students
A:A3.3 develop a broad range of interest and abilities
A:A3.4 demonstrate dependability, productivity, and initiative
A:A3.5 share knowledge
<b><u>Competency B1 Improve Learning</u></b>
A:B1.1 demonstrate the motivation to achieve individual potential
A:B1.2 learn and apply critical thinking skills
A:B1.3 apply the study skills necessary for academic success at each level
A:B1.4 seek information and support from faculty, staff, family and peers
A:B1.5 organize and apply academic information from a variety of sources
A:B1.6 use knowledge of learning styles to positively influence school performance
A:B1.7 become a self-directed and independent learner
<b><u>Competency B2 Plan to Achieve Goals</u></b>
A:B2.1 establish challenging academic goals in elementary, middle/junior high, and high school
A:B2.2 use assessment results in educational planning

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National Standard C: Students will understand the relationship of academics to the world of work, and to life at home and in the community

**Career Development Domain:**  
National Standard A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.

A:B2.3	develop and implement an annual plan of study to maximize academic ability and achievement
A:B2.4	apply knowledge of aptitudes and interests to goal setting
A:B2.5	use problem-solving and decision-making skills to assess progress toward educational goals
A:B2.6	understand the relationship between classroom performance and success in school
A:B2.7	identify post-secondary options consistent with interests, achievement, aptitude, and abilities
<b>Competency C1 Relate School to Life Experience</b>	
A:C1.1	demonstrate the ability to balance school, studies, extracurricular activities, leisure time, and family life
A:C1.2	seek co-curricular and community experiences to enhance the school experience
A:C1.3	understand the relationship between learning and work
A:C1.4	demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals
A:C1.5	understand that school success is the preparation to make the transition from student to community member
A:C1.6	understand how school success and academic achievement enhance future career and vocational opportunities
<b>CAREER DEVELOPMENT DOMAIN</b>	
<b>Competency A:1 Develop Career Awareness</b>	
C:A1.1	develop skills to locate, evaluate, and interpret career information
C:A1.2	learn about the variety of traditional and nontraditional occupations
C:A1.3	develop an awareness of personal abilities, skills, interests, and motivations
C:A1.4	learn how to interact and work cooperatively in teams
C:A1.5	learn to make decisions
C:A1.6	learn how to set goals
C:A1.7	understand the importance of planning
C:A1.8	pursue and develop competency in areas of interest
C:A1.9	develop hobbies and vocational interests
C:A1.10	balance between work and leisure time
<b>Competency A:2 Develop Employment Readiness</b>	
C:A2.1	acquire employability skills such as working on a team, problem-solving and organizational skills
C:A2.2	apply job readiness skills to seek employment opportunities
C:A2.3	demonstrate knowledge about the changing workplace
C:A2.4	learn about the rights and responsibilities of employers and employees

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National Standard B: Students will employ strategies to achieve future career goals with success and satisfaction.

C:A2.5	learn to respect individual uniqueness in the workplace
C:A2.6	learn how to write a resume
C:A2.7	develop a positive attitude toward work and learning
C:A2.8	understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace
C:A2.9	utilize time and task-management skills
<b>Competency B:1 Acquire Career Information</b>	
C:B1.1	apply decision making skills to career planning, course selection, and career transition
C:B1.2	identify personal skills, interests, and abilities and relate them to current career choice
C:B1.3	demonstrate knowledge of the career planning process
C:B1.4	know the various ways in which occupations can be classified
C:B1.5	use research and information resources to obtain career information
C:B1.6	learn to use the internet to access career planning information
C:B1.7	describe traditional and non-traditional occupations and how these relate to career choice
C:B1.8	understand how changing economic and societal needs influence employment trends and future training.
<b>Competency B:2 Identify Career Goals</b>	
C:B2.1	demonstrate awareness of the education and training needed to achieve career goals
C:B2.2	assess and modify their educational plan to support career
C:B2.3	use employability and job readiness skills in internship, mentoring, shadowing, and/or other work experience.
C:B2.4	select course work that is related to career interests
C:B2.5	maintain a career planning portfolio
<b>Competency C:1 Acquire Knowledge to Achieve Career Goals</b>	
C:C1.1	understand the relationship between educational achievement and career success
C:C1.2	explain how work can help to
C:C1.3	identify personal preferences and interests which influence career choice and success
C:C1.4	understand that the changing workplace requires lifelong learning and acquiring new skills
C:C1.5	describe the effect of work on lifestyle
C:C1.6	understand the importance of equity and access in career choice
C:C1.7	understand that work is an important and satisfying means of personal expression
<b>Competency C2 Apply Skills to Achieve Career Goals</b>	
C:C2.1	demonstrate how interests, abilities and achievement relate to achieving personal, social, educational, and career goals

National Standard C: Students will understand the relationship between personal qualities, education, training, and the world of work.

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### Personal/Social Domain:

National Standard A: Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.

National Standard B: Students will make decisions set goals, and take necessary action to achieve goals.

C:C2.2	learn how to use conflict management skills with peers and adults
C:C2.3	learn to work cooperatively with others as a team member
C:C2.4	apply academic and employment readiness skills in work-based learning situations such as internships, shadowing, and/or
<b><u>PERSONAL/SOCIAL DOMAIN</u></b>	
<b><u>Competency A1 Acquire Self-Knowledge</u></b>	
PS:A1.1	develop positive attitudes toward self as a unique and worthy person
PS:A1.2	identify values, attitudes and beliefs
PS:A1.3	learn the goal-setting process
PS:A1.4	understand change is a part of growth
PS:A1.5	identify and express feelings
PS:A1.6	distinguish between appropriate and inappropriate behavior
PS:A1.7	recognize personal boundaries, rights, and privacy needs
PS:A1.8	understand the need for self-control and how to practice it
PS:A1.9	demonstrate cooperative behavior in groups
PS:A1.10	identify personal strengths and assets
PS:A1.11	identify and discuss changing personal and social roles
PS:A1.12	identify and recognize changing family roles
<b><u>Competency A2 Acquire Interpersonal Skills</u></b>	
PS:A2.1	recognize that everyone has rights and responsibilities
PS:A2.2	respect alternative points of view
PS:A2.3	recognize, accept, respect and appreciate individual differences
PS:A2.4	recognize, accept and appreciate ethnic and cultural diversity
PS:A2.5	recognize and respect differences in various family configuration
PS:A2.6	use effective communications skills
PS:A2.7	know that communication involves speaking, listening, and nonverbal behavior
PS:A2.8	learn how to make and keep friends
<b><u>Competency B1 Self-Knowledge Application</u></b>	
PS:B1.1	use a decision-making and problem-solving model
PS:B1.2	understand consequences of decisions and choices

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PS:B1.3	identify alternative solutions to a problem
PS:B1.4	develop effective coping skills for dealing with problems
PS:B1.5	demonstrate when, where and how to seek help for solving problems and making decisions
PS:B1.6	know how to apply conflict resolution skills
PS:B1.7	demonstrate a respect and appreciation for individual and cultural differences
PS:B1.8	know when peer pressure is influencing a decision
PS:B1.9	identify long- and short-term goals
PS:B1.10	identify alternative ways of achieving goals
PS:B1.11	use persistence and perseverance in acquiring knowledge and skills
PS:B1.12	develop an action plan to set and achieve realistic goals
<b>Competency C1 Acquire Personal Safety Skills</b>	
PS:C1.1	demonstrate knowledge of personal information (i.e. telephone number, home address, emergency contact)
PS:C1.2	learn about the relationship between rules, laws, safety, and the protection of rights of the individual
PS:C1.3	learn about the differences between appropriate and inappropriate physical contact
PS:C1.4	demonstrate the ability to set boundaries, rights and personal privacy
PS:C1.5	differentiate between situations requiring peer support and situations requiring adult professional help
PS:C1.6	identify resource people in the school and community, and know how to seek their help
PS:C1.7	apply effective problem-solving and decision-making skills to make safe and healthy choices
PS:C1.8	learn about the emotional and physical dangers of substance use and abuse
PS:C1.9	learn how to cope with peer pressure
PS:C1.10	learn techniques for managing stress and conflict
PS:C1.11	learn coping skills for managing life events

National Standard C: Students will understand safety and survival skills.