
October 3, 2006

Wellness Subcommittee Minutes

Present: Rebecca Millet, Tom Eismeier, Alan Hawkins, Anne Belden, Steve Connolly, Sue King, Jeff Shedd, Elaine Moloney

Absent : Kevin Sweeney

I. Review of committee

Anne did a review of what this committee has done to date:

- o Reviewed sec. 204 of PL 108-265
- o EFE Competitive food Sales - decided to put on hold due to controversies statewide
- o Developed and distributed a questionnaire on current practice and attitudes
- o Reviewed and did first draft of wellness policy
- o Has had 5 meetings since Feb. 06

Steve passed out the questionnaire results and they were reviewed. A total of 642 questionnaires were returned by the following groups:

Grades 3-4 - all students

Grades 5-6 - no students

Grades 7-8 - all students

Grades 9-12 - 35 students

Staff - 53

Ed Techs- 12

Parents - 112 (most of these respondents were parents of high school students, some were middle school and only a small number were Pond Cove parents) .

Responses were across the board in attitudes and feedback on current practices.

II. We reviewed the committees draft on Policy JL, the wellness policy. The committee worked from the MSMA sample policy and then reworked certain sections. A few changes were made to the draft. We discussed how to incorporate feedback from questionnaires. The decision was that Alan will present the draft to

staff. It will then be posted on school website for parent feedback. This information will come to the Policy committee in late October when the policy is presented to the committee for review.

Anne reported that as of that morning, according to Charlotte Bates of MSMA, about 75% of schools have adopted a wellness policy.

III. Policy EFE - Competitive food sales was reviewed. This was also the MSMA sample policy. The key issue in this policy is whether or not to allow the 5 exceptions to the policy, which school boards are allowed to incorporate into their own policies. It was decided that we will recommend allowing these exceptions as long as we state in our wellness policy that we will across the board encourage groups to serve/sell healthy foods.

This policy will be presented to the Policy Committee in late October for review.

Next meeting will be Tuesday Nov. 7, 8:30 in the Pond Cove conference room.

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