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April 13, 2006

## Wellness subcommittee Minutes

Present: Anne Belden, Rebecca Millet , Tom Eismeier, Steve Connolly, Jeff Shedd, Sue King, Elaine Moloney

Guest: Dean Zaharis

### I. Survey

Dean presented an example of how the survey could be presented on line and what capabilities we have to tabulate information. We began with the Midwest sample survey that we all looked at last month. This sample provides separate surveys for parents, staff, students and support staff. It is lengthy – about 50 questions per survey. We discussed what we want our survey to look like and who should receive it. We came to the following conclusions:

- We will have 3 surveys, parents, staff and students
- All students in grades 3-12 will be surveyed and responses will be differentiated by grade
- Staff will be encouraged to fill one out and will be differentiated by school level
- Rebecca will do a blurb in newspapers letting parents know that the survey is being done and is on line
- Steve will work with Dean to edit the sample based on our discussions, but much of it will remain the same. The survey will include most of the 50 questions, with some changes and additions
- The survey will be available on line and will be ready the second week of May. Dean will organize this for us.
- We will review survey results at the June 19 meeting.

### II. MSMA sample wellness policy

The sample was passed out and we decided to review this at the May 18 meeting so that we might have discussion prior to getting back our survey results in June.

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